

“Kit (10) has a much longer attention span, better concentration, and is easier to live with! Your program has HELPed our whole family!”

“Micah (13) became an expert juggler. His frustration has diminished, flare-ups are less frequent and he has more self-confidence and is reading better than ever. He can quickly decode words, miss fewer, and retain what he reads.”

“We tell many people how much HELP has helped Malia (13). She is no longer embarrassed by her learning difficulties, for now she sees only the ability! Nothing succeeds like success!”

“I would really recommend the HELP Program to any adult struggling with dyslexia. You have nothing to lose and everything to gain. It just takes willingness and dedication on your part to complete it. You may not see the changes all at once, but when called upon to use your improved skill, you will see many changes have taken place.”- Leslie

What is the First Step?

Call to take the

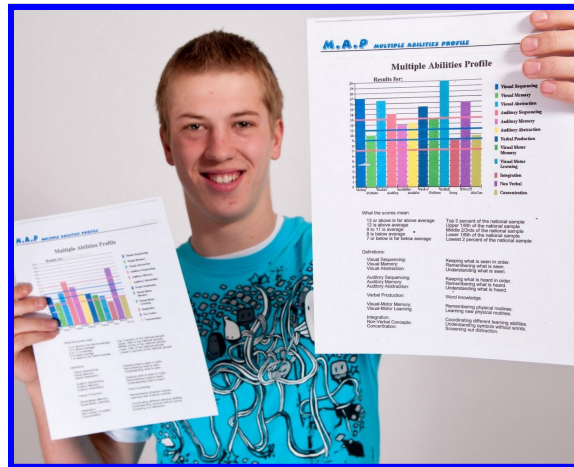
Brain MAP

Multiple Abilities Profile is an objective test that looks at 12 different areas of brain processing.

Standardized for ages 7 through Adults

503-635-3389

Not for Profit since 1984



WE CHANGE THE WAY YOU LEARN.®

LEFT BRAIN **RIGHT BRAIN**

HELP
Marylhurst Campus
Marylhurst, OR 97036
Phone: 503.635.3389

www.helpadd.com

HELP

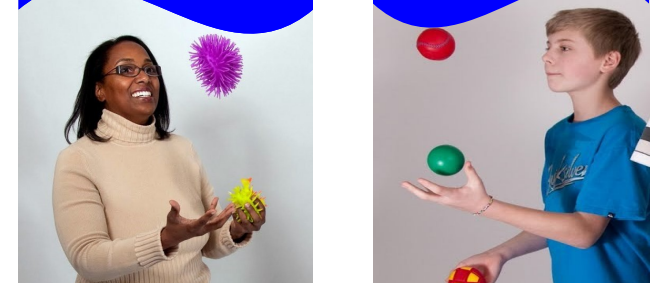
ADD/ADHD

Dyslexia

**Disorganization
Time Management**

Concentration

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YOU
LEARN**



Help Eliminate Learning Problems, Inc.

**Marylhurst University Campus
503-635-3389**

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Email: bhartner@helpadd.com**

HELP

Did your child's last report card contain comments such as: *"not trying," "doesn't pay attention," "easily distracted," "not working up to potential,"* or *"fails to turn in assignments,"* even when completed? Failure in schoolwork is a common symptom of deeper, but correctable processing problems.

HELP is a DRUG FREE cognitive therapy for smart people who struggle with:

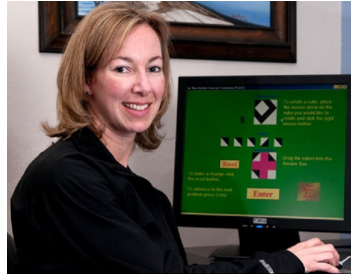
- Ineffective organizational or study skills
- Impulsivity
- Time/Test Stress
- Concentration
- ADD/ADHD
- Dyslexia
- Behavioral problems
- Poor self-image
- Poor spelling and writing skills
- Difficulty following directions
- Visual and Auditory Memory
- As well as many other related information processing difficulties.



WE CHANGE THE WAY YOU LEARN

H.E.L.P.

Help Eliminate Learning Problems



Multiple Abilities Profile M.A.P.

- An objective 12 part assessment
- Standardized for ages 7 – adult
- Determines how you process information
- The graph shows your learning strengths and weaknesses
- Results available immediately

BRAIN POWER PROGRAM



Student & Coach:

Daily: train at home an hour a day

Weekly: meet with their HELP Coordinator to receive progressive training

Training Consists of:

- Paired physical and cognitive activities
- Left brain right brain balancing tasks
- Challenging multitasking activities

Outcome



Typical results after 24 weeks of daily sessions often include improvements in:

- Auditory & Visual Memory
- Concentration
- Comprehension
- Organizational skills
- Time management skills
- Ability to multi-task
- Ability to collect & process information
- Ability to follow written & spoken instructions
- Ability to screen out distractions
- Appropriate social interactions
- Self esteem
- Judgment

Help Eliminate Learning Problems, Inc.

Established in 1984

A non-profit, non-discriminatory Oregon Corporation dedicated to helping Children and Adults with Learning Problems